



Webinar Registration Form

Interventions To Overcome Loneliness, Improve Health Outcomes, And Combat Depression, Anxiety & Suicidal Ideation

Wednesday, May 20 ~ 3:00-4:00pm (Eastern)

Once the live date has passed, this training will be available on demand.

Overview

Research continues to illustrate that increases in loneliness on campus are a significant contributing factor to improvements in poor mental health and attrition. The rise in loneliness amongst student bodies is a complex challenge that requires an integrated individual level and campus-wide approach, with cross-departmental support. This webinar will review the 18-month research process undertaken by Hopelab, a nonprofit social innovation lab working to improve the emotional well-being of teens and young adults, and Grit Digital Health, the team of behavioral health, technology, and marketing communications experts behind the upstream digital wellness tools YOU at College and ManTherapy.org. These teams joined forces to develop a platform to help students overcome loneliness to improve behavioral health outcomes, including depression, anxiety, and suicidal ideation at scale. We will provide an overview of the actionable research insights from the 18-month research sprint, overview the psychology and behavioral science behind their intervention - Nod, and discuss means to implement such interventions on campuses at scale. We will conclude with a discussion on the research findings and how these can be applied to attendees' campuses.

Objectives:

- Analyze the current state of loneliness on campuses across the nation and its associated mental health impacts
- Analyze the opportunity to proactively support student belongingness and support social connections to promote student well-being and success
- Develop awareness of approaches being applied to loneliness and assess the promise of these efforts

Who Should Attend?

- Administration
- Enrollment Management
- Faculty
- Human Resources
- Online Learning
- Student Services/Affairs
- Counseling Center
- Well-being and health promotion staff
- Any educator interested in learning more about loneliness on campus



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Speaker(s)



"Loneliness is among the leading correlates negatively impacting student mental health and persistence. Understanding loneliness from the student perspective and intervening in a student-centric manner is essential to support the health and success of our students."

Dr. Nathaan Demers is a clinical psychologist with experience working in therapeutic boarding schools, inpatient burn/neuro ICU, community mental health, and college counseling. Additionally, he completed a post-doctoral fellowship with the Western Interstate Commission for Higher Education - Mental Health Program, a nonprofit working to bring quality mental health and prevention services to rural and underserved areas in the Western 15 states and American Territories in the Pacific. Nathaan is a board member for the Colorado Psychological Association and completed his dissertation research on the topic of maturity in adolescent and young adult populations. With his passion for the topic and his professional experiences, he has unique expertise in the realms of health promotion and student success on college campuses.

When not in the office, Nathaan can be found on the soccer field or adventuring in the mountains of Colorado with his wife, family, and friends.

Newsletter



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Registration Information

Print Name		Job Title	
Institution/Organization			
Address			
City	State/Province	Zip/Postal Code	Country
Telephone	Fax	Email	
Innovative Educators Password (Choose a password for our records and future registrations)		Assistant's email (For registration confirmations & pre-conference communication)	
How did you hear about this event? (email, listserv, colleague, conference, other) _____			

Payment Method

You can call us at 303.955.0415 or fax the completed form to 1.866.508.0860. If you would like to mail in the registration form and/or check, please send it to: Innovative Educators, 3277 Carbon Place, Boulder, CO 80301.

Paying by: (select one) Credit Card Check Purchase Order (if applicable) P.O.#: _____
 (If you select PO as your payment method, a PO number is required.)

Credit Card



Name on card		Account Number	
Billing Address	Billing City	Billing State	Billing Zip/Postal Code
Exp. Date	Security Code (last 3 digits on the back of Visa and MC)		

Packages & Pricing

Select your webinar package:

\$425 - 1 webinar (Unlimited connections at your institution and recording for one year)
 \$900 - 3 webinars (Save \$375)

\$1500 - 6 webinars (Save \$1050)
 \$3995 - Purchase Go2Knowledge to receive unlimited access to webinars & recordings for one year (Best Deal!)



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Login Directions

The login directions provide the following information:

- A link and a password for the event.
- A link to test webinar access. Please test your computer prior to the event.
- The date and time of the webinar. Please be sure to reference the time zone converter on the login directions to confirm your event time.
- Audio instructions: You can stream the audio over your computer speakers, but you may want to have a phone available for backup purposes.

You will receive the login directions twice via email. The process is as follows:

- 1 week prior to the live event: You will receive login instructions.
- 1-2 days prior to the event: You will receive a link to the presentation and any additional handouts. Copies can be made for attendees if desired.
- The day of the event: Participants can login to the IE Webinar 30 minutes prior to the start time. Once logged in, participants can see the PowerPoint slides, ask questions, and make comments via the chat feature.
- Participants are encouraged to save and print the login directions to refer to on the day of the webinar.

Site Connections

The basic registration fee allows you to access the webinar from one computer only. If you need multiple site connections, please register for the unlimited price.

Recording Information

The Monday following the live event you will receive a link to the recording, it can be forwarded to all faculty and staff for viewing anytime, anywhere.

Recording Benefits:

- Share the presentation with other staff members
- Pause presentation for convenient viewing
- Review the presentation after the live event
- Train new hires throughout the year
- Show during an in-service training

Technical Details

Innovative Educators uses WebEx as its web conferencing provider. If you have not previously attended a WebEx event, please click here to make sure your computer is compatible with WebEx. Be sure to complete this test prior to the live conference. See system requirements for more information.

What equipment is required?

An Internet connection, computer speakers, and LCD projector are required if a large group is viewing the presentation. Participants can call in via phone if they are having trouble retrieving the audio over the computer. Please be sure to reserve a meeting room prior to the live event that can accommodate these requirements as well as your attendees. You should reserve the room 30 minutes prior to the webinar start time and allow at least 15-30 minutes after the webinar for discussion.

Cancellation Policy

- 30 days prior: Full refund
- 14 days prior: \$100 processing fee
- Less than 14 days: Credit towards another IE event

Satisfaction Guaranteed

We want you to be satisfied with your purchase. For questions, concerns, or problems, please email support@ieinfo.org or call 303.955.0415.